



DRIFFIELD R.U.F.C.

Member of The Rugby Football Union and Yorkshire Rugby Football Union
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Mini Junior Rugby

Coaching Development Programme

2010 – 11 Season

Our Mission:

***“To be the best rugby club in the East Riding of Yorkshire
at all levels”***

“Run for Rugby – Driven by Rugby”

Introduction

We are fortunate enough this season to have the support of some new club sponsors as well as grant funding from Sport England. This will enable us to put in place an extensive coaching development programme to help us increase the number of qualified coaches and referees, attract new coaches, referees and other volunteers and maximise the training and development opportunities for our young players. If we are to achieve our objectives this season, it is vital that we all play our part by committing to our own personal development and supporting the activities provided.

This training and development programme has been designed by myself in consultation with Carl Nellist (Mini Junior Coaching Co-ordinator) and is intended for all coaches across all age groups. The training and development sessions will be 'game sense' focused and are intended to

- a) Provide **sufficient training opportunities** for all coaches to enable them to gain a sound knowledge of the basic skills appropriate to their age group;
- b) Provide coaches and teams with additional **continuing support and assistance** to help them in the delivery of quality coaching for their team;
- c) **Increase 'team training opportunities'** to enable the coaches to put into practice what they have learnt through their own skills sessions;

Myself and Carl Nellist will be responsible for the delivery, co-ordination and management of these sessions. In addition, Carl Nellist will also observe team training sessions, discuss with coaches any individual and team training needs and offer advice and support in identifying how these needs might be addressed.

The sessions will be supplemented by opportunities to put new skills into practice with the help of experienced senior players. Additionally, throughout the season, we will work with individual teams to identify particular coaching development needs and make the necessary arrangements for these to be effectively addressed be that through attendance on training courses or specific input from 'specialist' coaches/players.

For Junior Teams sessions will be on a Tuesday or Thursday evening between 6pm – 7pm when junior teams are scheduled to train. This will maximise the opportunity for the supporting senior players to be involved in the delivery of training and will ensure that we can provide expert team specific training to meet identified training and development needs for both coaches and players. The coaching co-ordinator will work with coaches to identify specific training needs and will liaise with the Director of Rugby to ensure that this is provided.

For Mini Teams sessions will be organised on a Sunday morning when the fixtures schedule permits. Sessions will run between 10am – 12 noon as necessary and will involve both coaches and players to ensure maximum opportunity is provided for development. Again, the coaching co-ordinator will work with teams to identify any particular needs and specific senior players will be used to support team development.

All sessions are intended to supplement the CPD training offered through East Yorkshire RFU. In addition the sessions are designed to help prepare coaches for the RFU coaching qualifications and attendance at these events will be one of the considerations when deciding whether or not to put a coach forward for these RFU courses.

Thank you for your continued support.

Good luck for the new season.

Bash Burdass
Director of Rugby

DETAILS OF COURSES AVAILABLE

EAST YORKSHIRE CPD COURSES - £15 (including VAT)

Throughout the season the East Yorkshire RFU organise CPD sessions for coaches. CPD plays an important part in the development of a coach and coaches should undertake these courses before, after and alongside attendance at qualification courses. The courses are designed to support coaches with training appropriate to the type of player they are working with. Within rugby union there are five broad categories of player: adult performance, adult participation, talent development, youth and children. Carl Nellist will be able to recommend a suitable course for you.

Attendance on one of these events is by way of **application only**.

Please note, if you are wishing to attend the RFU coaching courses at any level, you **must attend the CPD training** courses in preparation for that.

Dates for 2010	Venue	Content
21 st August 2010 (full day event)	Sandal RUFC	Defence am Ruck and Maul pm
27 th September 2010	Driffield RFUC	Coaching the Scrum
6 th October 2010	Wath on Dearne RUFC	Defence
8 th November 2010	Sheffield RUFC	Continuity in Attack
25 th November 2010	Driffield RUFC	Defence
29 th November 2010	Driffield RUFC	Coaching Childrens' Rugby
28 th February 2011	Driffield RUFC	Performance Profiling
28 th March 2011	Driffield RUFC	Planning and Periodisation

TAG RUGBY COURSE - £20 (including VAT)

All courses run from 09.30am till 12.30pm – unless stated otherwise.

Tag Rugby is a fast-moving, non-contact invasion game suitable for boys and girls to play together. The key to the game is enjoyment, with running and handling skills to the fore. The Start Coaching Tag Rugby course lasts for approximately three hours and is practical-based.

Date	Venue	Times
23 rd August 2010	Driffield RUFC	6.30pm – 9pm
6 th September 2010	Hull RUFC	6.30pm – 9pm
26 th September 2010	Sunderland RUFC	6pm – 9pm
7 th October 2010	South Yorks (TBC)	6.30pm – 9pm
8 th December 2010	Leeds Met Uni	Tbc

RUGBY READY COURSE - £18 (including VAT)

This is an international course aimed to give coaches a greater awareness of all aspects of safety in the game through the provision of a common source of information and advice for all levels and types of participation in the game. The course aims to identify key areas of knowledge and safe practice, to compare current knowledge and practice with the minimum standard expected by the International Rugby Board and to discuss ways of improving current practices in the game in order to ensure a safer game for all.

The course is part of the RFUs coaching structure and will help coaches develop some coaching skills and acquire technical knowledge to help deliver rugby and be better prepared to move onto the Level 1 coaching qualification.

Any coach applying for a level 1 award **MUST** have completed this course first. Attendance on one of these events is by way of **application only**.

Date	Venue	Times
8th September 2010	Darlington MP	6pm - 9pm
13 th September 2010	Yorkshire Central	6pm - 9pm
15 th September 2010	Northumberland Coach Lane	6pm - 9pm
4 th October 2010	Driffield RUFC	6pm - 9pm
14 th March 2011	Driffield RUFC	6pm - 9pm
16 th March 2011	Sunderland RFC	6pm - 9pm
28 th March 2011	Bradford Grammar School	6pm - 9pm
6 th April 2011	Westoe RFC	6pm - 9pm
20 th April 2011	Dinnington RUFC	6pm - 9pm
27 th April 2011	Coach Lane	6pm - 9pm
4 th May 2011	Yorkshire Central	6pm - 9pm
18 th May 2011	Northumberland Coach Lane	6pm - 9pm
25 th May 2011	Ripon RFC	6pm - 9pm
1 st June 2011	Gateshead RFC	6pm - 9pm
25 th July 2011	Driffield RUFC	6pm - 9pm
24 th August 2011	Middlesborough RFC	6pm - 9pm

LEVEL 1 COACHING COURSES - £100 (including VAT)

The booking arrangements for these courses are the same as last season and it is no longer possible to reserve places or to pay by way of invoice. In addition, all applications must be accompanied by a Rugby Ready Certificate which will be issued following attendance on the Rugby Ready Course.

All those involved in coaching at Under 9s and above are encouraged to attend the Level 1 course and the Club would like to have at least one coach from each junior team qualified at Level 2. The Club will support all those wishing to attend either course and anybody interested in attending should speak to Carl Nellist our Coaching Coordinator. The following dates and venues are available:

Date	Constituent Body	Venue
14 th , 25 th July and 1 st August 2010	Northumberland	Coach Lane
4 th , 15 th and 22 nd August 2010	Yorkshire	Pocklington School
14 th 26 th September and 3 rd October 2010	Yorkshire	Ashville College
29 th September, 3 rd and 10 th October 2010	Durham	Houghton Kepier
29 th September, 3 rd and 10 th October 2010	Yorkshire	Bradford Grammar
13 th , 24 th and 31 st October 2010	Yorkshire	Dearne Valley College
20 th Oct, 7 th and 14 th November 2010	Northumberland	Coach Lane
20 th Oct, 7 th and 14 th November 2010	Yorkshire	Leeds Met
10 th 21 st and 28 th November 2010	Durham	Houghton Kepier
Dates to be confirmed	Northumberland	Coach Lane
2 nd 13 th and 20 th March 2011	Yorkshire	Leeds Met
23 rd March, 3 rd and 10 th April 2011	Yorkshire	Ashville College
27 th April, 8 th and 15 th May 2011	Yorkshire	Pocklington School
13 th 17 th and 24 th April 2011	Yorkshire	Macmillan College
27 th April, 8 th and 15 th May 2011	Durham	Houghton Kepier
11 th , 22 nd and 29 th May 2011	Yorkshire	Bradford Grammar
25 th May, 5 th and 12 th June 2011	Durham	Houghton Kepier
1 st , 12 th and 19 th June 2011	Yorkshire	Dearne Valley College
8 th , 19 th and 26 th June 2011	Northumberland	Coach Lane
15 th , 26 th June and 3rd July 2011	Yorkshire	Leeds Met
29 th June, 10 th and 17 th July 2011	Northumberland	Coach Lane

LEVEL 2 COACHING COURSES - £176.25 (including VAT)

Please note to be successful in gaining a place on the Level 2, you will need to hold a Level 1 Certificate in Coaching Rugby Union and demonstrated that you have attended coach development courses (CPD) in line with your Level 1 Action Plan.

Coaching Development courses (CPD) are run throughout the region in line with the needs identified by Club Coaching Coordinators and CB Coaching Development Committees. Applicants should also have significant experience (playing or coaching) of the 15-a-side game.

Applications are "screened" to ensure that the coach has the appropriate knowledge and skills to attend this level of course and that they derive a positive learning experience from the programme. Please ensure that all application forms are fully completed.

Date	Constituent Body	Venue
7 th , 8 th August, 5 th and 12 th September 2010	Northumberland	Coach Lane
12 th , 19 th September, 17 th and 24 th October 2010	Yorkshire	Ashville College
7 th , 8 th May, 4 th and 5 th June 2011	Yorkshire	Ashville College
28 th , 29 th May, 2 nd and 3 rd July 2011	Northumberland	Coach Lane

ENTRY LEVEL REFEREES AWARD (ELRA)

Our aim is to have at least one qualified referee at each age group as we feel this will help promote respect for match officials amongst supporters and players and will help embed the degree of discipline in teams and individuals necessary to ensure that rugby is played within the spirit of the game at all levels.

This course is designed to give everyone a better understanding of how to referee and helps all levels from Under 13s up to and including senior rugby. With the mini element of the course you will have more of the tools required to referee rugby at any age group. Attendance on one of these events is by way of **application only** and you will be notified of the course dates as and when they are published.

NON SOCIETY CONTINUOUS REFEREE DEVELOPMENT AWARD (CDRA)

This course is designed to meet the needs of the majority of non society referees in England. The course has been developed from the ELRA (above) and a number of themes and approaches are common. Attendance on one of these events is by way of **application only** and you will be notified of the course dates as and when they are published.

APPLICATION, PAYMENT AND CANCELLATION ARRANGEMENTS

Carl Nellist is responsible for approving attendance on the all courses and enquiries should be directed to him in the first instance. This season, the administration process will be undertaken by Elaine Thompson whose contact information is available at the back of this booklet.

The Club will meet the cost of the course and will make the necessary applications for you to attend. Thereafter, you will be responsible for notifying the course providers if you are unable to attend for whatever reason. You should also ensure that the Carl Nellist and Elaine Thompson are notified of any cancellations.

It is no longer possible for the Club to pay by way of invoice for these courses and payment is required at the same time as submission of the application form. Therefore you must be certain that you are able to attend when completing the application form otherwise cancellation charges may be incurred.

In light of these changes to the payment arrangements, the Club will send a cheque for the requisite sum with the application form. **To make sure that there is sufficient time to raise a cheque with the Club before the deadline for submitting the application, please make sure that you meet any deadlines imposed for submission of your application forms.**

In respect of some courses, it has been decided that applications will only be processed if a cheque for the amount of the course made payable to DRUFC is deposited by you with the Club as security for your attendance. The cheque will not be cashed and will be returned to you upon receipt of confirmation that you have attended the course. In the event that you did not attend and cancellation charges were incurred, you maybe asked to forfeit all or part of the sum involved after consultation with you.

Schedule of Senior Players Supporting Mini Junior Teams

AGE GROUP	NAME	Contact
Under 7s	Chris Lunn	07776 292023
Under 8s	Chris Lunn	07776 292023
Under 9s	Dom Thompson	07889 319826
Under 10s	Sam Furbank	07827 320455
Under 11s	John Butler	07725 564513
Under 12s	Paul Dervey	07768 578963
Under 13s	Simon Hornby	07903 541762
Under 14s	Sam Beachell	07989 402913
	Jeremy Harrison	07712 770944
Under 15s	Travis Plumbridge	07943 400260
Under 16s	Tbc as necessary	-
Under 17s	Karl Birch	07853 959604

DRIFFIELD RUFC MINI JUNIOR RUGBY RELEVANT CONTACT INFORMATION

POSITION	NAME	HOME	MOBILE	EMAIL
Director of Rugby	Patrick Burdass	01262 470655	07814 119081	-
Director of Mini Junior Rugby	Andrew Chapman	01377 236696	07970 074297	chappie@spottybot.freemove.co.uk
Coaching Coordinator	Carl Nellist	01262 603746	07932 739653	carl.nellist@sky.com
Coaching Course Administrator	Elaine Thompson	Tbc	Tbc	Tbc
Club Secretary	Karen Clark	01377 255818	07791 420404	kjclark22@aol.com
Child Safeguarding Officer	Malcolm Bell	01377 252538	07921 290611	sherwood6@hotmail.com
Regional Rugby Development Manager	John Lawn	-	07738 029109	johnlawn@rfu.com
East Yorkshire Rugby Development Officer	James McKay	-	07764 960401	jamesmckay@rfu.com
Referee Development Officer	Will Halford	-	07894 790340	willhalford@rfu.com